Present, Past, Future

When you're meeting a prospective employer or potential customer, it's extremely important to make a great first impression because you only get one shot at it. You need to get your message across clearly, in an interesting way, and straight to the point. A good way to introduce yourself is to talk about what you're doing now (the present), tell the story of how you got here (your past), and share what you hope to achieve in the years to come (the future). Having this kind of structure will help to capture your audience's attention and get them excited about your journey.



Present Alright, let's take a moment to reflect and jot down who you are today. Start by thinking about all the unique talents and abilities that make you, you! Maybe you're a natural problem solver, have a knack for creativity, or excel at connecting with others. Whatever it is, don't hold back. Write about what you're great at, the skills you've developed over time, and how these qualities shine through in your everyday life. Remember, this isn't about boasting, but celebrating the individual you have become. So, go ahead and paint a picture of the person you are right now - impressive, capable, and authentically you.

Now that you've painted a vivid picture of who you are today, it's time to take a little trip down memory lane. Think about the twists and turns of your life's journey-those moments when you triumphed against the odds or stumbled across obstacles. Revisit your past dreams and desires, those driving forces that once lit up your imagination. Don't shy away from acknowledging both your failures and successes; each played a crucial role in shaping who you are now. These experiences, woven together, are what give depth and richness to your story. So, grab a pen, and start writing about those pivotal experiences, the leaps of faith, or even the wild dreams that have brought vou to this juncture.

Future Alright, let's delve into the exciting realm of possibilities! Picture yourself in the future—where do you see your journey taking you? Whether it's a dream job, a bustling city, or a life of adventure, let your imagination run wild. Imagine the person you aspire to be, someone brimming with potential and purpose. It's time to articulate your vision and embrace your destiny. What gualities do you need to hone to reach this imagined self? Start sketching out who you believe you are destined to become—a person who inspires others, whose story is worth sharing, and who stands out as someone exceptional in both personal and professional spheres. Remember, the goal is to capture the essence of the future you desire, so write it as if it's already yours!